



Afrocentric15

## Description

Our CEO



[CEO's Note](#)

## [Purpose meets passion](#)

Spring is here – a season of renewal, growth and fresh energy. It is therefore the perfect time to...

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**Ed's Letter**



[Ed's Letter](#)

## [A spring in our step](#)

Welcome to the vibrant Spring edition of AfroScenes – and with it, a whole vibe of renewal and fresh...

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### Our Business



[Our Business](#)

## [Medical aid reimaged](#)

Fedhealth and Sanlam's reimaged medical scheme is built on the values that matter, and endeavours to reflect how modern...



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## [Echoes of courage](#)

On 9 August, we celebrated South African National Women's Day, paying homage to the heroic actions of 20 000...

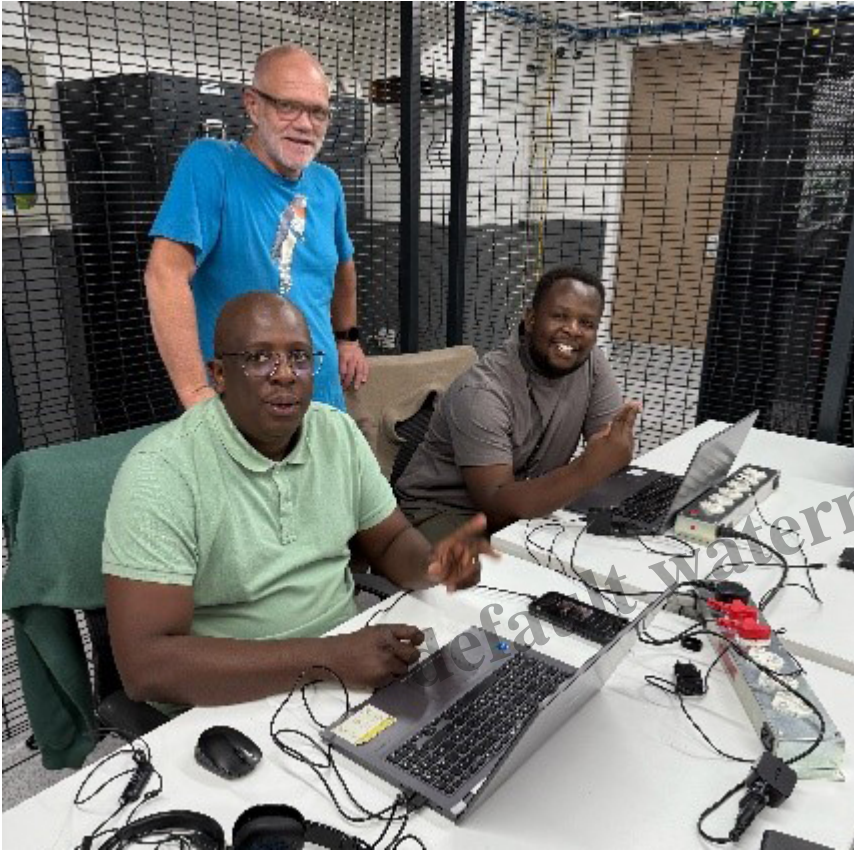


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## Pinnacle of team success

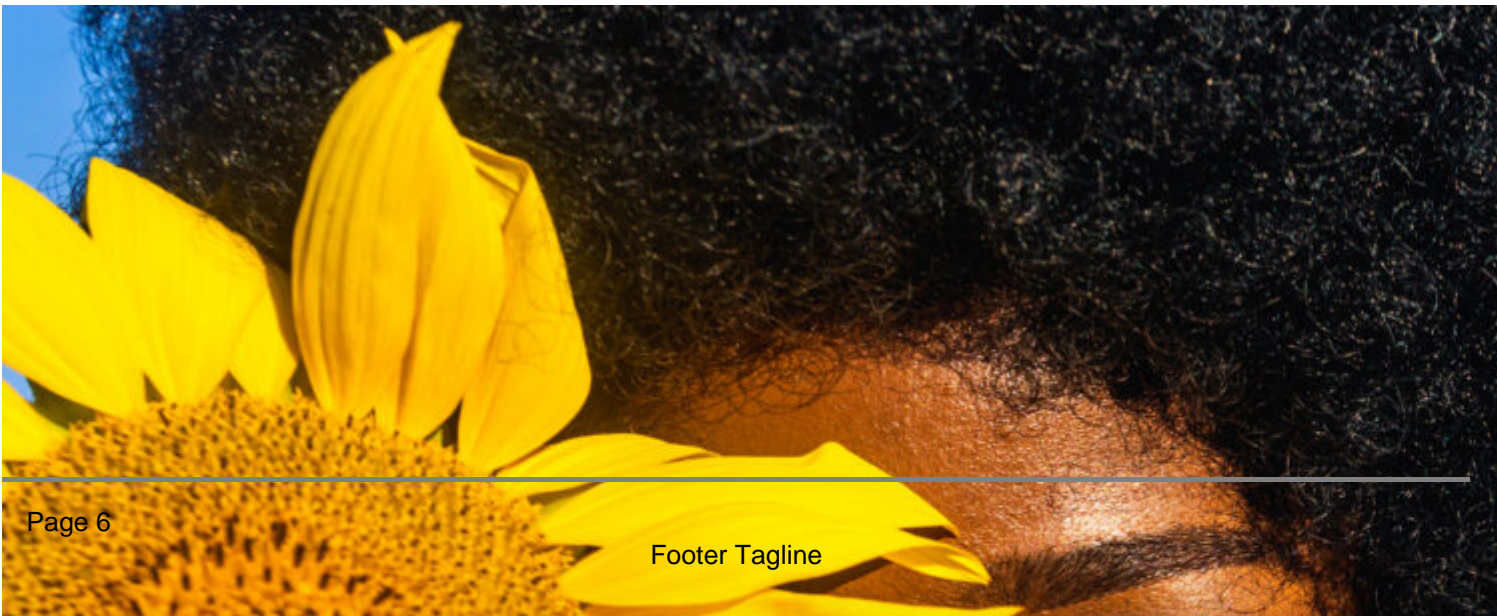
Teams from Medscheme's branches gathered at the Alpine Health Resort in the Drakensberg for an inspiring – and empowering...



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## Our data centre has moved!

The AfroCentric and Sanlam IT teams have successfully relocated our two data centres from Johannesburg to Cape Town. This...



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### Our Subsidiaries



[Our Subsidiaries](#)

## [A real conversation](#)

In a bold and inspiring move to foster connection, authenticity and mental wellbeing, the Bonitas Client Operations Business Unit...

### Our Knowledge Centre



[Our Knowledge Centre](#)

## Don't be held to ransom

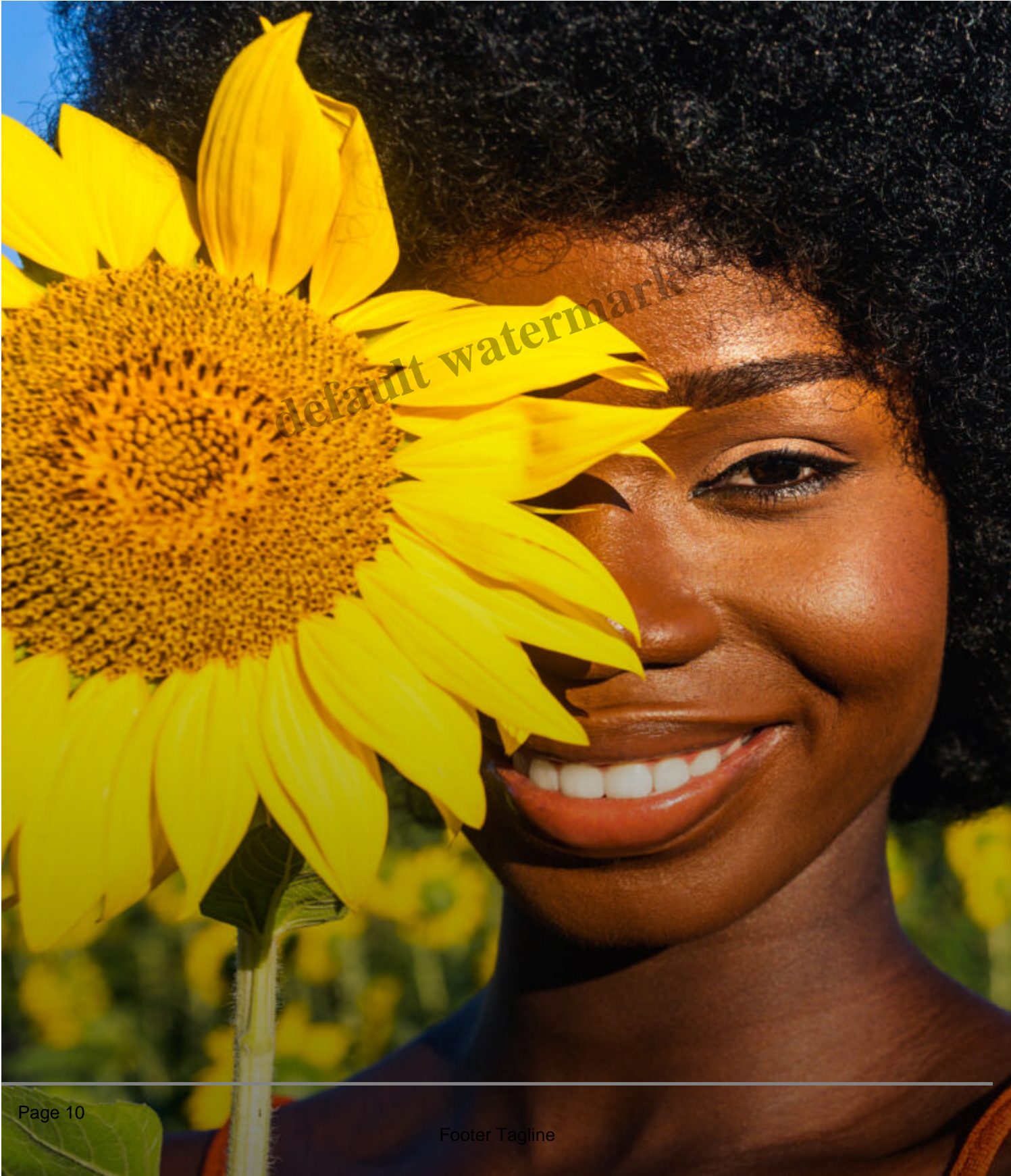
South Africa is the most targeted country in Africa for ransomware and attacks to steal information, which means it's...



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## Medical aid vs Medical insurance

Medical aid or medical insurance? These can be complex choices to navigate if you're not sure what each product...



## Afrocentric15

### Our CSI



[Our CSI: Mandela Day](#)

## Bringing the Madiba magic

AfroCentric staff from across the business honoured former President Nelson Mandela's 67 years of public service by giving 67...



[Our CSI: Mandela Day](#)

## Living Mandela's Legacy in Vereeniging

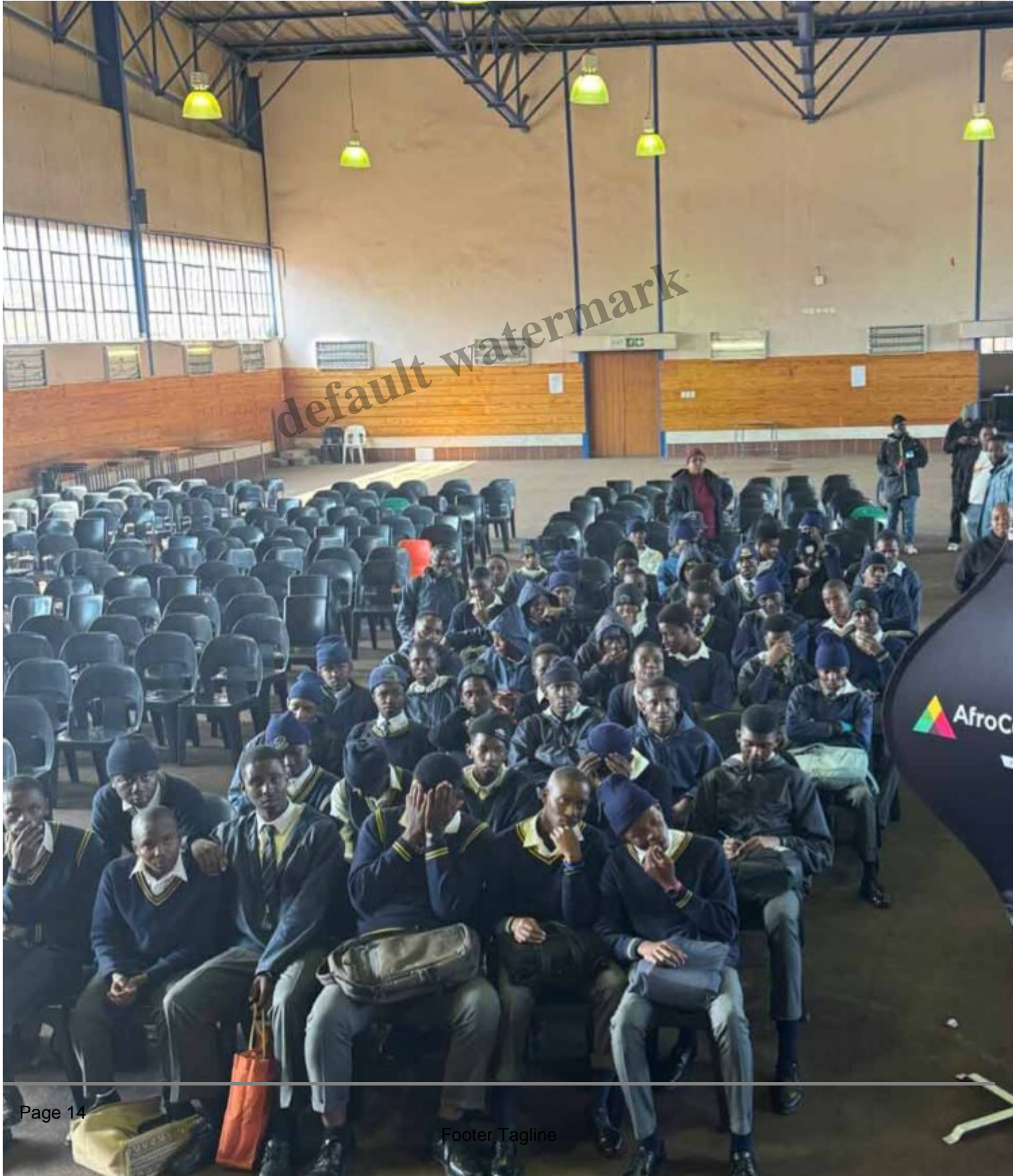
In the true spirit of Nelson Mandela's vision of dignity and compassion for all, our incredible colleagues in Vereeniging...



[Our CSI: Mandela Day](#)

## Boulevard of care

Nelson Mandela believed that freedom from hunger is a cornerstone of human dignity – and that every child deserves...



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## Career day talks

Former President Nelson Mandela had a clear vision that education unlocks the youth's potential, creating pathways to meaningful employment...



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## Jars of warmth

International Nelson Mandela Day explicitly calls for action to fight poverty and hunger worldwide, encouraging people to help transform...



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## [Bowls of hope](#)

Deeply rooted in the spirit of Ubuntu (I am because we are), Nelson Mandela dedicated his 67 years in...



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## [A brighter day](#)

Even in times of adversity, all of us still have hopes and dreams – and none more so than...



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## Home hopping for Madiba

A vocal advocate for action in the fight against HIV/Aids, and a firm believer that our children are our...



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## [A double Durban day](#)

Our colleagues in Durban echoed Nelson Mandela's view that compassion is a fundamental binding force that connects all humanity,...

### Our People



[Our People](#)

## Strength in diversity

Heritage Day gives us the space to reflect on our unique identities and the rich cultural tapestry that makes...



[Our People](#)

## A fusion of excellence

The Medical Aid Migration Team has won the prestigious Fusion Award in the SLS CEO Awards in

recognition of...



[Our People](#)

## The strongest link

To deliver excellent service to our clients, our teams must work together and respond with agility to our changing...



## Afrocentric15

### Our Wellness



[Our Wellness](#)

## [Breaking down hepatitis](#)

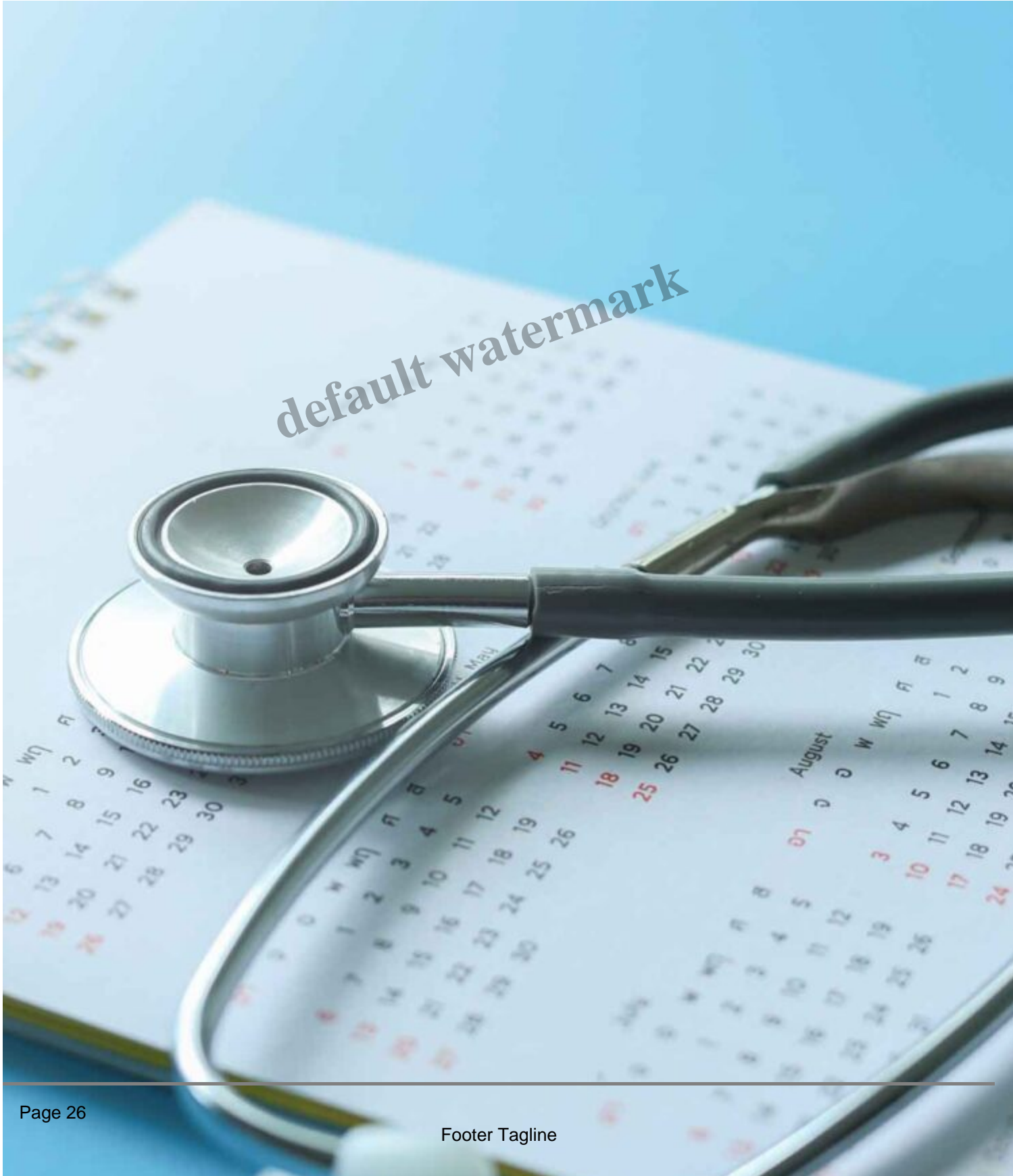
World Hepatitis Day, observed annually on 28 July, highlights the global effort to raise awareness of viral hepatitis and...



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## Stay ahead of the bite

The Chikungunya virus (CHIKV) has resurfaced as a global public health concern, with South Africa recording 10 travel-related cases...



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## [A calendar of health](#)

Annual wellness days serve as vital touchstones in our journey towards better health, creating opportunities for early detection through...



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## Men don't talk – or do they?

The age-old saying “men don't talk” was put to the test and beautifully disproved during a recent Warrior Connect session, hosted...



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## [Calling a family meeting](#)

Imagine a workplace where every voice is heard, every story matters, and silence no longer protects violence. The AfroCentric...



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## [Understanding substance abuse](#)

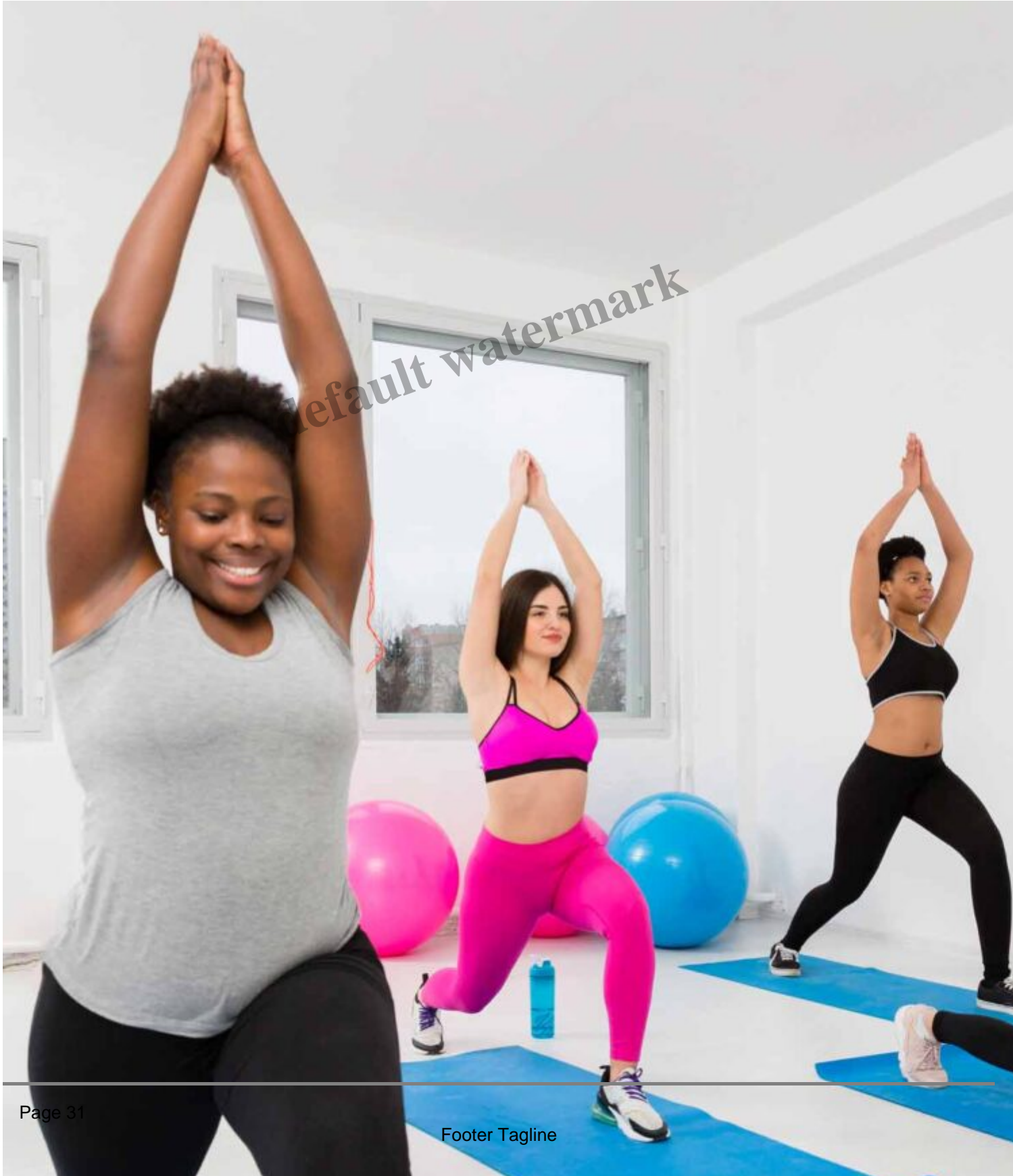
The Wellness Team hosted a Men's Fireside Conversation on the effects of substance abuse in the workplace, aiming to...



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## The toll of trauma

Trauma is far more than just a difficult or shocking experience; it's an emotional response to overwhelming events that...



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## Celebrating wellness for all

AfroCentric Wellness, as the proud service provider to the Sanlam Group, brought wellness to life like never before with...



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## [Breast is best](#)

Breastfeeding is more than just a means of feeding – it is a lifeline that positively impacts the nation's...



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## Lest we forget

The ripple effects of Alzheimer's disease reach far beyond patients, often leaving families having to watch their loved ones...



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## Close to the chest

October marks World Breast Cancer Awareness Month. It is a crucial time when communities worldwide unite to raise awareness about...

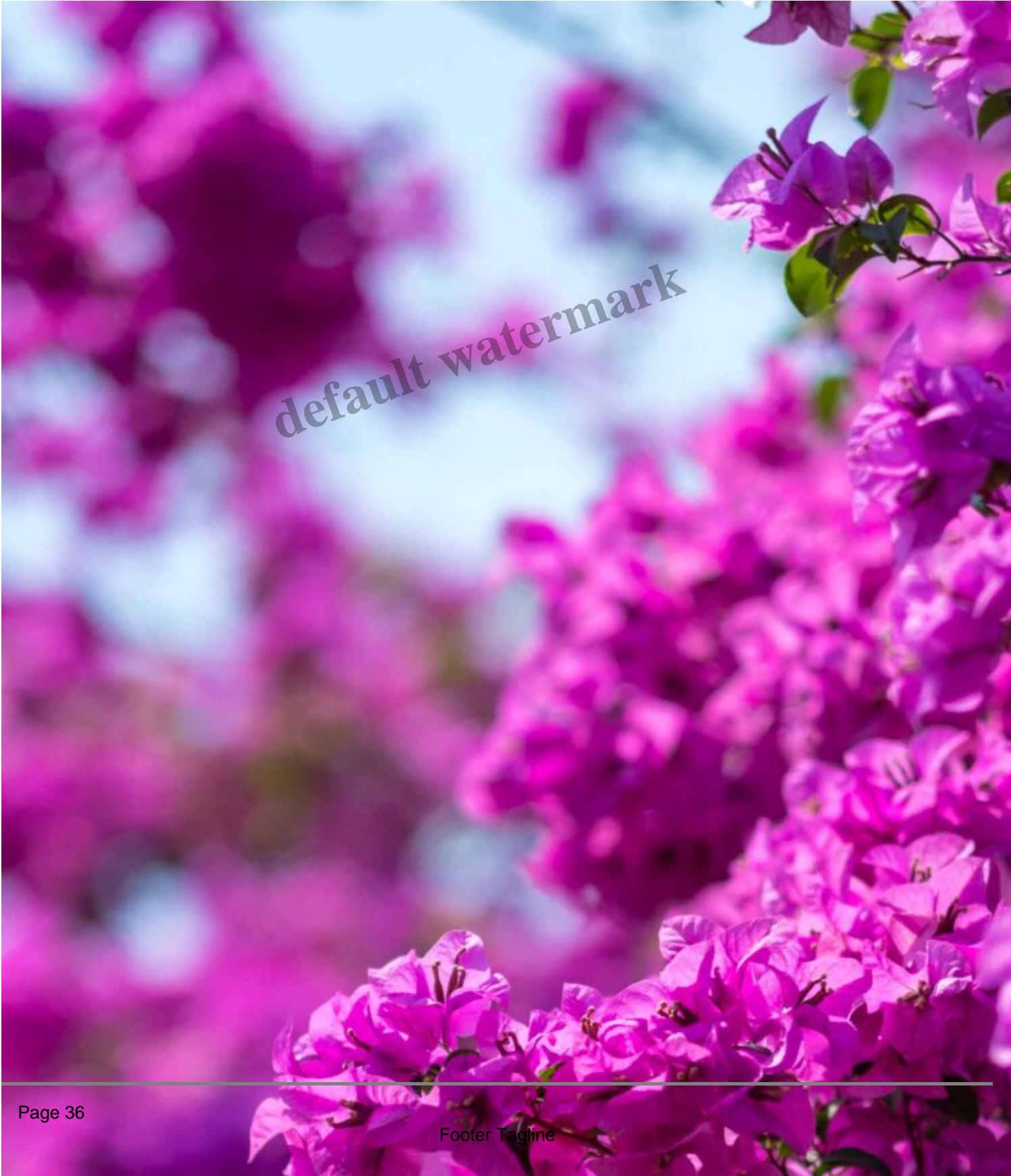
**Fun Stuff**



[Fun Stuff](#)

## [Do you know AfroCentric Group entities?](#)

AfroCentric is made up of a number of entities that each bring their own unique service offering and value...



[Fun Stuff](#)

## [Spring into action](#)

As winter's chill finally gives way to warmer days, there's something magical about spring that lifts our spirits and...

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