



Understanding disability

Description

International Day of Persons with Disabilities on 3 December reminds us of the challenges faced by people living with a disability, which range from physical to mental.

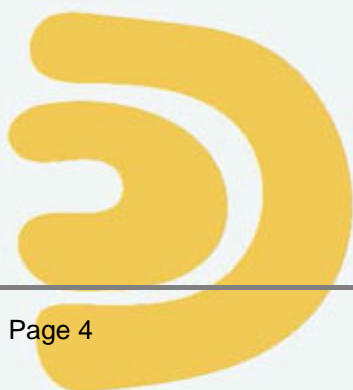
Knowledge gives us the power to do the right thing. By knowing and understanding the different types of disabilities that might affect our colleagues, friends or family, we can be more supportive.

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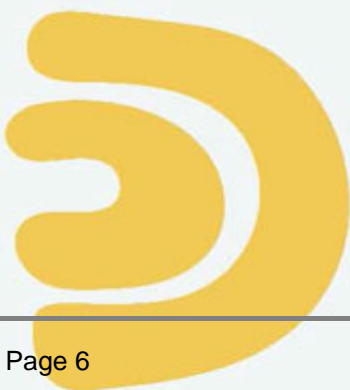
Deaf or hearing impairments

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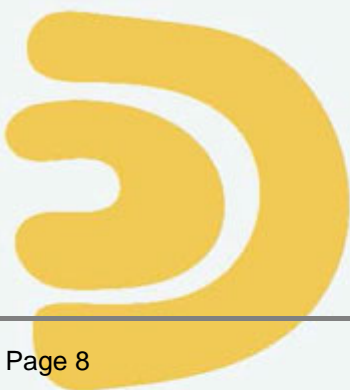
Mental health condition

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Blind or low vision

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Physical disability

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Intellectual disabilities

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Acquired brain injury

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Damaged
Neuron

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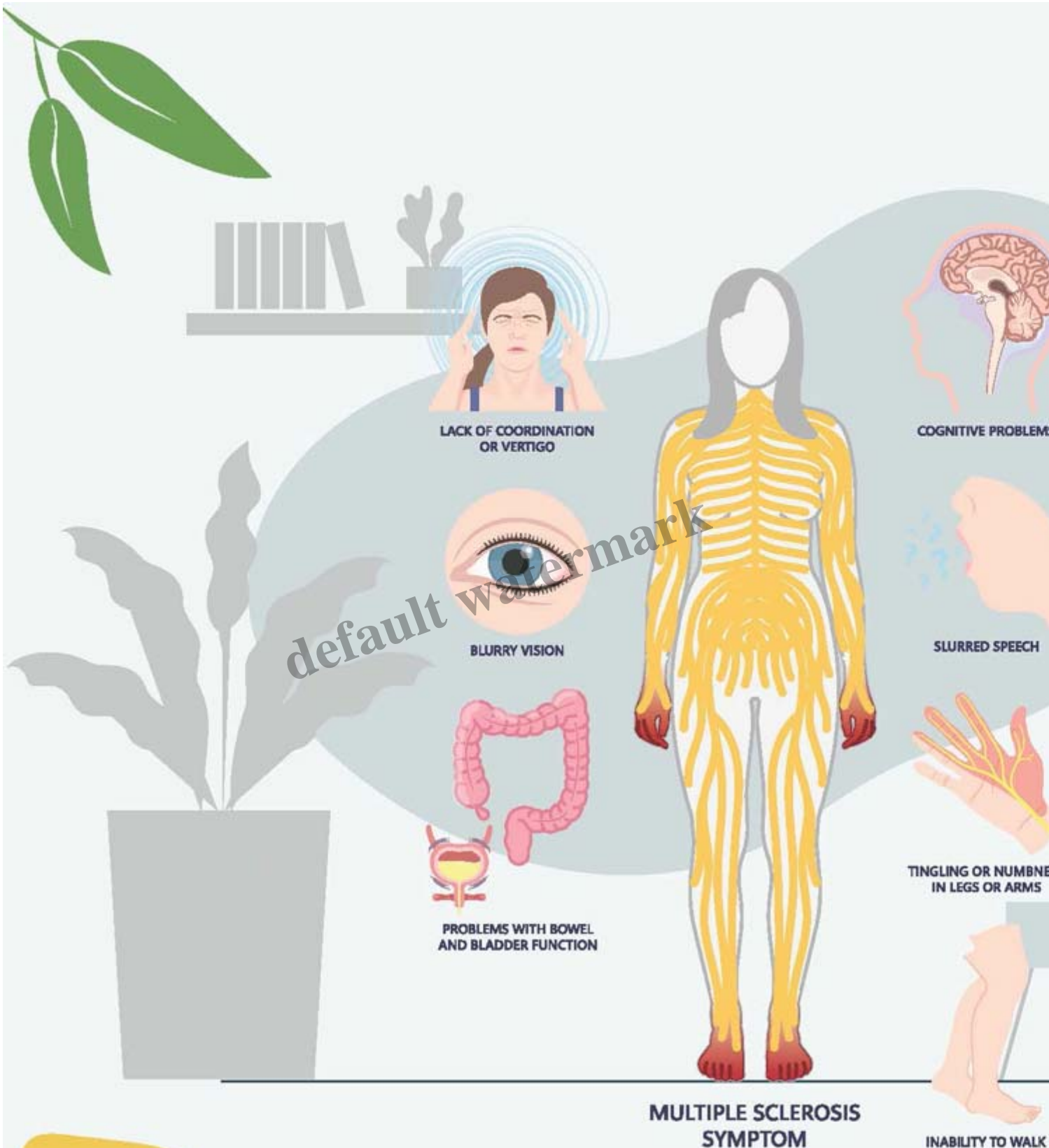
Neurological disabilities

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Epilepsy

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MULTIPLE SCLEROSIS SYMPTOM

INABILITY TO WALK



Multiple sclerosis

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Autism

Be sure to read our article, Seeing the ability, for tips on how you can be more inclusive and understanding of a colleague who is living with a disability.

Category

1. Our Wellness

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