



Give it a 'Mo'-ment

Description

November is Men's Health Month, a time when men around the world grow moustaches as part of the Movember movement to raise awareness about men's health issues.

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Common men's health conditions

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Prostate cancer:



One of the most common cancers in men. Regular screenings and early detection are crucial for effective treatment.

Testicul

Primarily men. Self can help detection

High blood pressure:



Heart di

Category

1. Our Wellness

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