



Celebrate the holidays without money worries

Description

The festive season is a time of joy, celebration, and often excessive spending, which can lead to financial strain in January if not managed wisely.

There is nothing better than the summer holidays – the sun is shining, the braais are sizzling, and everyone seems to be in good spirits! The Wellness Team has a few tips to make sure you enjoy the holidays without experiencing financial stress and strain.

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1. **The “braai and budget” masterplan:** Just like a well-cooked boerewors, a balanced budget requires the right mix of ingredients. Channel your inner boerewors master and plan a budget that covers gifts, feasts, and fun outings – all without overindulging.
2. **DIY delights with a local twist:** It’s time to get creative, Mzansi style! Craft homemade gifts with a proudly South African touch, from chutneys and biltong to traditional crafts, your gifts will carry the essence of our Rainbow Nation.
3. **Mzansi bring your own vibes:** Sharing is caring, when inviting friends and family over for the holidays, ask everyone to bring a dish that is their family favourite. This is a great and delicious way to celebrate all family traditions and culture without breaking the budget.
4. **Bargain hunting and thrifting:** Why not have a “trash to treasure” or recycling party. We all have things that we no longer “want” or “need”. Invite some friends over and see whether you can trade some of your goodies. This is a fun way to get new things without spending a rand.
5. **Free is fabulous:** Search for free things to do in your city! You will be amazed by how many parks there are to explore. Pack a picnic hamper and get outside and enjoy the holidays, whether you are going on holiday or staying at home.

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The holidays are a time for making memories, not having money worries. A reminder that your financial coach can assist you no matter where you are on your financial journey.

[Help is simply a click or a call away!](#)

Category

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