



## Calling for Wellness Ambassadors

### Description

**Do you love sharing knowledge about employee wellbeing? Do you want to see a thriving and vibrant AfroCentric wellness community? If so, we want to hear from you!**

Our Wellness and Benefits Team is recruiting Wellness Ambassadors. We would like to extend this opportunity to everyone across the business, including our subsidiaries.

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## Background and Purpose



### Background



Wellness is primarily being in good physical and mental shape. As mental health and physical problems in one area can impact the other. At the same time, improving one's physical health improves mental health. It is important to be aware that wellness is an intentional and ongoing approach to



### Purpose



The Wellness Ambassadors is to serve as key communicators of the AfroCentric Group Wellness activities, for Group employees

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If you are passionate about employee wellbeing and are interested in being a Wellness Ambassador, please send us a short CV to Employee Wellness Central at [EmployeeWellness@afrocentrichealth.com](mailto:EmployeeWellness@afrocentrichealth.com).

The closing date for entries is 30 March 2025.

## Responsibilities

Educate	Build	Encourage	Improve
Educate and increase awareness on employee wellbeing.	Build an Afrocentric wellbeing community.	Encourage the use of the EAP services and ensure easy access to employee assistance programmes.	Improve workplace environment.

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### Category

1. Our Wellness