



Close to the chest

Description

October marks **World Breast Cancer Awareness Month**. It is a crucial time when communities worldwide unite to raise awareness about this devastating disease that affects millions of women globally.

In South Africa, breast cancer represents the second most common cancer amongst women, with approximately one in 29 South African women developing the disease during their lifetime. According to the National Cancer Registry, breast cancer incidence rates in South Africa vary significantly across different population groups, with urban areas often showing higher rates than rural communities.

[Click here to read more about risk factors and current treatments.](#)

Early detection is key

Early detection remains the cornerstone of successful treatment, yet many South African women face barriers in this regard, including limited access to healthcare facilities, cultural stigmas, and insufficient awareness about screening programmes.

BEYOND LUMPS



Breast cancer can present through subtle changes, which is why regular self-exams are crucial to early detection of breast cancer.

Look out for

Skin texture changes:

– Dimpling, puckering or an orange-peel texture

Join us for the 10th annual walkathon!



The Eluthandweni Maternity Clinic, together with the AfroCentric Group, is thrilled to host the 10th Annual Breast Cancer Awareness Walkathon on Sunday, 19 October 2025. This marks a decade of walking hand-in-hand with the Kathorus community since our partnership began in 2015!

Step out for a cause!

Venue: Eluthandweni Maternity Clinic, 1951 Extension & Ikhetini Street, Mailula Park, Vosloorus

Time: 07:00

Distance: 8 km

This year's walkathon goes beyond breast cancer awareness. Together, we'll shine a light on prostate cancer and cervical health, encouraging screenings and life-saving conversations across our communities.

Why join?

Because every step makes a difference. Bring along your family, friends, and loved ones – let's walk united for health, hope, and awareness.

Bonus! T-shirts and caps will be provided on arrival.

Let's make this 10th anniversary walkathon the biggest and most impactful one yet!

Category

1. Our Wellness

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