



## A double Durban day

### Description

**Our colleagues in Durban echoed Nelson Mandela's view that compassion is a fundamental binding force that connects all humanity, giving hope to vulnerable children and the elderly.**

Ater packing for two days, our Durban colleagues handed over food parcels to the St Philomena's Children's Home and the Association for the Aged (TAFTA).

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The 130-year-old St Philomena supports and cares for vulnerable children, also offering trauma healing and counselling, as well as education and skills development.

TAFTA is a non-profit organisation that supports older persons in Durban through compassionate care, housing and empowerment.

### Three meals a day



Always a champion of equality, Nelson Mandela saw our disabled countrymen and women as a vital part of our country's rich diversity and called on each of us to adapt our understanding of common humanity rather than expect people living with a disability to adapt to the majority of able-bodied population.

Answering the call to give 67 minutes of their time, the Medscheme Provider Contact Centre team spent a blissful day at Merewent Chesire Homes in Wentworth, which is the home of 35 residents with disabilities who require total patient care 24 hours a day.

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The team reached out to the home manager and learned their biggest challenge was providing three meals a day, so they donated food and grocery items to ensure the home would run smoothly and save on food funds for up to six months.

“We pride ourselves in paying it forward and are humbled to have been able to contribute to this organization – it was 67 minutes of time well spent!” said team member Nirvani Naidu

**Category**

1. Our CSI: Mandela Day

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