



Spring into action

Description

As winter's chill finally gives way to warmer days, there's something magical about spring that lifts our spirits and energises our souls. It's nature's way of reminding us that fresh starts are always possible.

We'd love to hear about your spring experiences and what makes this season meaningful to you! Share your thoughts and stand a chance to win a R500 Takealot voucher. Competition closes on Friday 14 November 2025.

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Name and Surname * _____

Email address * _____

Which of these spring sights bring you the most joy?

- Jacaranda trees in full purple bloom
- Baby animals
- Children playing outside after school
- Sunrise coming earlier each day

On a scale of 1-10, how much does spring boost your energy levels?

Rate 1 out of 10 Rate 2 out of 10 Rate 3 out of 10 Rate 4 out of 10 Rate 5 out of 10 Rate 6 out of 10 Rate 7 out of 10 Rate 8 out of 10 Rate 9 out of 10 Rate 10 out of 10

1 (No change at all) ?? 10 (Bouncing off the walls)

Which spring smell transports you to your happy place?

- Fresh-cut grass on a weekend morning
- Blooming honeysuckle
- The earthy smell after spring rain
- Braai smoke drifting from neighbourhood gardens

How do you approach spring cleaning?

- I'm a spring-cleaning warrior – everything gets sorted!
- I do a bit here and there when motivation strikes.
- I hire someone to do it – life's too short for cleaning!

What's one thing you'd like to refresh, restart, or try anew this season?

How would you rate the following spring activities?

Gardening

Rate 1 out of 5 Rate 2 out of 5 Rate 3 out of 5 Rate 4 out of 5 Rate 5 out of 5

Picnics

Rate 1 out of 5 Rate 2 out of 5 Rate 3 out of 5 Rate 4 out of 5 Rate 5 out of 5

Weekend braais with friends

Rate 1 out of 5 Rate 2 out of 5 Rate 3 out of 5 Rate 4 out of 5 Rate 5 out of 5

Long walks in nature

Rate 1 out of 5 Rate 2 out of 5 Rate 3 out of 5 Rate 4 out of 5 Rate 5 out of 5

Share your spring wisdom by completing the sentence: Spring teaches us that

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Tapping into your memories

We enjoyed your trip down memory lane in our previous quiz and thought we'd share a few of your answers.

From a vet to a brain surgeon, a fashion designer, actor and chef, a soccer player and astronaut or a businesswoman, IT specialist, auditor, nurse and policeman – your childhood dreams were all inspiring and ultimately led you here to the AfroCentric family.

Favourite TV programmes ranged from Dragon Ball Z, Tom and Jerry and Pokémon to Knight Rider, The A-team and spine-chilling horror stories around the campfire, while Superman beat Batman in the favourite superhero category by a narrow two votes!

Baggy silver pants, scratchy frills, colour blocking, big sister hand-me downs and a family dressed for a high-fashion jail break – we get why these fashion moments made you cringe!

Your best treats included an ice-cold Apple Munch, roast chicken, mom's special samp, peanut butter and jam sarmies – and the occasional McDonald's Happy Meal.

And some of your memories made us laugh out loud too!

"Being chased by chickens when trying to steal their eggs to cook in the playhouse."

"When I was five, I followed my mom to work on the night shift, taking my three-year-old cousin with me on the train . . . We got lost but luckily a neighbour found us!"

"Making breakfast for my grandparents, only to accidentally put salt rather than sugar in their tea."

Category

1. Fun Stuff