



## Pack it up

### Description

Summer holidays are the perfect time to escape your routine, embrace adventure and explore thrilling new destinations. We've got a few packing tips to make sure your trip is as comfortable as possible.

When packing for a trip, a few essentials will ensure a seamless journey, but these are easy to overlook.

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### **Expect the unexpected**

- Duct tape to fix ripped luggage or unexpected wear-and-tear.
- Portable power bank to charge devices on the go.
- Reusable water bottle with a filter to stay hydrated and safe.
- Mini first-aid kit containing bandages, medicines and ointments to save the day.
- A pashmina or scarf to keep warm, cover up or use as a makeshift pillow.



### Save some space

- Roll your clothes instead of folding to save space and minimise wrinkles.
- Use packing cubes or vacuum-seal bags to maximise luggage capacity.
- Pack heavier items such as shoes at the bottom and fit small items inside your shoes
- Pack dual-purpose clothing (such as reversible jackets) to reduce bulk.



### **In the air**

In your hand luggage, be sure to pack your passport, toothbrush, basic toiletries (under 100ml each), and spare clothes in case your checked luggage is delayed.

Noise-cancelling headphones, a neck pillow (or pashmina), snacks, and an e-reader go a long way toward comfort.



## **On the road**

Road trips call for practical essentials such as a cooler bag with beverages and snacks, a physical map as a backup to GPS, hand sanitiser and entertainment (offline playlists or games) for the kids.

Remember to pack a small emergency kit, including jumper cables and a torch.



## Going public

To make a bus or train journey more comfortable, remember a neck pillow and light blanket, books to pass the time, a refillable water bottle and snacks – and noise-cancelling headphones and eye mask to nap on the go.

With these tips, you'll be more organised, comfortable and prepared for any holiday adventure. Safe travels!



## Category

1. Our Lifestyle