



Surviving summer

Description

Summer captivates us with serene sunsets, joyous laughter, gentle breezes, and vibrant festivals – it's a season of carefree holidays, ice-cold treats and the joy of the sun on our faces.

Tell us what makes your summer super and stand a chance to win a R500 Takealot voucher. Competition closes on 6 February 2026.

Please enable JavaScript in your browser to complete this form.

Name and Surname * _____

Email address *

Choose a favourite summer drink.

- Fruit Juice
- Iced Tea
- Sparkling Water
- A Cocktail
- A Frosty Beer

What's the best way to beat the December heat?

- A dip in the ocean
- Stay in the pool
- A cold shower
- Air-conditioning 24/7

What best describes your holiday mood at work?

- Calm and cozy

- Festive chaos
- Endless laughter

Which summer activity best defines the holiday season for you?

- A braai with friends and family
- Relaxing at the beach
- Exploring a nature reserve or going on safari
- Touring the city and enjoying festivals

Which local treat do you crave during the summer holidays?

- Frozen fruit ice lollies
- Milk tart
- A large slice of watermelon
- Boerewors rolls
- Snoek on the braai

dream Email your _____

What's your dream holiday destination in South Africa?

- Drakensberg Mountains
- Durban's beaches
- Cape Winelands
- Kruger National Park

If you're on a road trip, what's a must-have for the journey?

- Snacks and biltong
- A great playlist with local hits
- Picnic gear for scenic stops

What's your best memory of spending December holidays with family or friends?

Which summer song always gets you in the holiday mood? _____

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Congratulations to our previous winners!

Shanice Kriel is the lucky winner of our Spring Into Action quiz, taking home a R500 Takealot voucher.

Well done to our AfroCentric brand quiz winners, **Christel Van Zyl, Moraba Mabulana, Susan Mostert and Rory Smuts**, who each win a braai set.

Know our brand

Did you test your knowledge in our AfroCentric brand quiz? Curious to know if you got all the answers right?

How many entities are there under the AfroCentric Group brand?

22

Name five entities with the word AfroCentric in their title?

AfroCentric Health
AfroCentric Technologies
AfroCentric Health Insurance
AfroCentric Wellness
AfroCentric Workcare
AfroCentric Health Administration
AfroCentric Employee Health Solutions
AfroCentric Technologies

Since when has DENIS been a leader in dental managed-care services?

1996

What service does Aid for Aids provide?

Comprehensive care coordination, support, and treatment access for individuals living with HIV.

Which of these pharma-focused entities couriers chronic medications?

Pharmacy Direct

What is the tech link to Allegra?

Allegra provides healthcare tech platforms for patient care.

Which entity provides a treatment approach to managing musculoskeletal disorders?

Klinikka

Who is the largest medical scheme administration in SA?

Medscheme

Which entity has a connection to African Unity Life?

EssentialMED

Which entity leverages its extensive distribution network and financial expertise to promote and distribute AfroCentric's healthcare products?

Sanlam Distribution Service

Category

1. Fun Stuff

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