



Share your holiday pics!

Description

Take a look at our tips on keeping safe over the holidays in this issue, and then share your pics with us in the new year.

Planning an exciting holiday somewhere exotic? Or maybe just chilling at home? Perhaps you're heading off home to visit the family for some rest and relaxation? Whatever your plans, why not share your photos with us in the new year? We'll publish the best of them in the next issue of AIP.

Send your holiday pictures to afrocentricinperspective@afrocentrichealth.com by 31 January 2023.

If your photos are published we will spoil you with a R500 Takealot voucher!

Category

1. Competition