



## Mentorship matters

### Description

Mentorship provides important guidance for navigating life, building emotional intelligence, and fostering authentic connections that accelerate both personal and professional growth.



AfroCentric Group's Wellness team hosted a powerful Men's Fireside Conversation focused on one core truth: mentorship matters.

Under the theme “Building Stronger Men, Families and Futures”, colleagues came together in a safe, reflective space to explore the growing challenges facing boys and young men in South Africa, and the critical role intentional mentorship plays in shaping resilience, emotional wellbeing and purposeful leadership.

From heartfelt reflections to practical tools, the session explored how intentional guidance at home, at work and in our communities helps strengthen emotional wellbeing, leadership development and family connection.



More than just a discussion, the conversation reaffirmed our commitment to fostering a culture where men are supported to lead with responsibility, compassion and purpose, guided by the resources and support available through our Wellness Programme.

Thank you to everyone who attended and contributed to this meaningful and impactful conversation.

## **Category**

1. Our Wellness