



## Team Building the Old-School Way

### Description

Sometimes, good old-fashioned fun – with a healthy dose of competition – is just what the doctor ordered to build a strong team.



The GEMS ADRM team held a team-building day at Wynberg Park, participating in various activities

such as an egg-and-spoon race, a sack race, water pong, flipping coins with chopsticks, a water bottle toss, and a cookie face competition.

Ghayad Safodien, Team Leader: Personal Health at GEMS, says the Green team was proudly announced as the overall winner.

Emerging as the funniest employees of the day were Julia Michels, Deon Arendse, and Nango Phanziso, while the most competitive participants were Shandre Cornelius, Adrian Loops, and Derick Abam.

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## Category

1. Our People