



Think pink for breast cancer

## Description

**Breast cancer is the most commonly diagnosed cancer among women worldwide, but when identified early, there is a significantly higher chance of successful treatment. As we observe Breast Cancer Awareness Month in October, here are common risk factors and tips on how you can prioritise your health.**

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# LET'S BEAT BREAST CANCER

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## Increased risk factors

**Alcohol**  
**Obesity**

- damages healthy cells
- causes inflammation and hormonal changes

**Gender**

- 1 in every 27 women in  
highest 50+

## Category

1. Our Wellness

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